



Cuesheet

A-004

Bethpage - Elwood - Commack: 53.7 Miles, Moderate

This ride goes to Bethpage Park via Syosset. It then heads north into Elwood and Commack and returns through Dix Hills.

Directions to start: Starts from Westbury High School at the intersection of Post Ave and Jericho Tpke.

MILES	TOTAL	TURN	ONTO	MILES	TOTAL	TURN	ONTO
0.0	0.0	R	Post Rd / Wheatley Rd out of Wesbury HS lot	0.3	30.7	BL	Daly Rd to end after crossing Rt 25
5.1	5.1	R	Brookville Rd at White Church	2.3	33.0	R	CR 4 (Commack Rd) at T
1.0	6.1	L	Muttontown Eastwoods Rd	0.3	33.3	R	CR 67 (Vanderbilt Pkwy)
2.8	8.9	BL	Cold Spring Rd	1.9	35.2	R	Deforest Rd
			Rest stop at Syosset Firehouse	1.0	36.2	L	Hunting Hill Dr
0.1	9.0	R	Arizona Ave to end	0.4	36.6	R	Fox Meadow Dr
0.5	9.5	R	Syosset Woodbury Rd	0.0	36.6	S	Caledonia Rd to end after crossing Rt 231 (Deer Park Ave)
0.6	10.1	R	South Woods Rd	1.9	38.5	R	Wolf Hill Rd at T AND
0.7	10.8	S	Piquets Ln to end after crossing Rt 25 (Jericho Tpke)	0.1	38.6	L	Melrose Rd
0.4	11.2	R	Woodbury Rd at T	0.5	39.1	L	Astro Pl to end
0.7	11.9	L	Manetto Hill Rd	0.5	39.6	R	Half Hollow Rd at T
0.6	12.5	R	Central Park Rd AND	1.6	41.2	R	LIE Service Rd W
0.1	12.6	BR	Fordham Dr to end	4.1	45.3	R	Sunnyside Blvd
0.2	12.8	L	Gainsville Dr at T AND	1.1	46.4	L	Woodbury Rd AND
0.0	12.8	R	Lane Pl to end AND	0.1	46.5	R	Angel Way / East Dr
0.1	12.9	L	Radcliff Rd	0.4	46.9	BL	LIE Service Rd W
0.7	13.6	S	Ruby Ln / Garnet Ln to end after crossing Southern Pkwy	5.8	52.7	L	Post Rd
0.7	14.3	R	Central Park Rd at T	1.0	53.7	L	Westbury HS lot
0.1	14.4	S	Clifford Dr / Gerhard Dr to end after crossing old Country Rd				
0.9	15.3	L	Hay Path Rd at T AND				
0.1	15.4	R	Plainview Rd				
0.4	15.8	R	Broadway and bear left to stay on Broadway				
1.1	16.9	L	Powell Ave / Plainview Rd - then go straight around traffic circle and continue into Bethpage State Park				
1.6	18.5	R	Park exit road before reaching clubhouse AND				
0.0	18.5	L	Quaker Meeting House Rd at T				
0.2	18.7	BL	Round Swamp Rd				
3.6	22.3	BR	Old Country Rd to end after crossing LIE				
5.8	28.1	R	Rt 25 (E Jericho Tpke) at T				
0.7	28.8	L	Warner Rd to end				
1.2	30.0	R	CR 10 (Elwood Rd) at T				
0.4	30.4	L	Eldorado Dr				