

Stony Brook: 71.1 Miles, Moderate

Goes by the Syosset Fire House. Then heads through Huntington, Greenlawn, Commack, Kings Park and Nissequogue. Lunch is in Stony Brook. Returns back through St James, Hauppauge, and Elwood.

Directions to start: Starts from Westbury High School at the intersection of Post Ave and Jericho Tpke.

MILES	TOTAL	TURN	ONTO
0.0	0.0	R	Post Rd / Wheatley Rd
5.1	5.1	R	Brookville Rd
1.0	6.1	L	Muttontown Rd / Eastwoods Rd
2.9	9.0	BL	Cold Spring Rd
1.4		R	Stillwell Ln to end
1.6	12.0	R	Rt 108 (Harbor Rd) at T to end
0.3	12.3	L	Woodbury Rd at T AND
0.2	12.5	BR	
			end
2.5	15.0	R	Depot Rd at T AND
0.0	15.0	L	E 11th St to end
0.4	15.4	L	Lenox Rd at T AND
0.1	15.5	R	E Rogues Path to end
1.2	16.7	L	Maplewood Rd at T to end
0.1	16.8	L	Park Ave at T
0.3	17.1	R	Little Plains Rd
1.3	18.4	L	Manor Rd to end
1.0	19.4	R	Clay Pitts Rd at T to end
3.4	22.8	L	Townline Rd at T
0.7	23.5	R	Old Northport Rd
0.5	24.0	L	Old Commack Rd to end
1.1	25.1	R	Pulaski Rd / Old Dock Rd at T
1.9	27.0	R	St Johnland Rd
1.2	28.2	L	Landing Rd
0.3	28.5	R	Landing Ave
2.5	31.0	L	Edgewood Ave
0.5	31.5	L	Nissequogue River Rd
0.9	32.4	R	Old Mill Rd to end
1.2	33.6	R	Moriches Rd at T
0.5	34.1	L	Cordwood Path to end
			CAUTION ON DOWNHILL
0.5	34.6	R	Shore Rd
0.3	34.9	L	Harbor Rd to end
2.3	37.2	R	Rt 25A (Main St / N Country Rd)
	37.2	ı	For lunch in Stony Brook, make
			left on Main St. Then U-turn and go back on Main St towards
			Harbor Rd.
3.7	40.9	R	Edgewood Ave / Brooksite Dr
4.6	45.5	R	Rt 347
1.7	47.2	L	New Highway / Hauppauge Rd
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h School at the intersection of Post Ave and Jericho Tpke.					
MILES	TOTAL	TURN	ONTO		
3.9	51.1	BR	Daly Rd		
1.4	52.5	S	Eldorado Dr after crossing Rt 25		
0.3	52.8	R	Elwood Rd		
0.5	53.3	BL	Cuba Hill Rd		
2.2	55.5	L	Pulaski Rd / Woodbury Rd		
8.3	63.8	R	East Dr		
0.4	64.2	BL	LIE Service Rd		
5.8	70.0	L	Post Rd		
1.1	71.1	L	Into Westbury HS lot		