

## North Shore Loop the Loop: 58 Miles, Moderate

Goes through Syosset, Oyster Bay, Center Island, Bayville, Lattingtown, Morgan's Island, Glen Cove, Locust Valley, Mill Neck. This ride can be shortened by eliminating one or more loops along the way.

Directions to start: Starts from Westbury High School at the intersection of Post Ave and Jericho Tpke.

WILES	TOTAL	TURN	ONTO	MILES	;
0.0	0.0	R	Post Rd / Wheatley Rd out of	0.4	4
			Westbury HS lot	0.6	
3.0	3.0	L	Whitney Ln to end	0.6	
1.1	4.1	L	Rt 25A (N Hempstead Tpke) at		
			T AND	1.8	
0.1	4.2	R	Valentine Ln	0.1	
1.0	5.2	L	Simonson Rd to end	0.1	
0.5	5.7	R	Glen Cove Rd at T		
0.8	6.5	R	McCouns Ln to end	0.3	
0.5	7.0	L	Hoaglands Ln at T to end	2.5	4
0.6	7.6	L	Rt 107 (Cedar Swamp Rd) at T		
			AND	0.9	4
0.1	7.7	R	Chicken Valley Rd	0.4	4
1.0	8.7	R	Hegemans Ln	1.3	4
0.6	9.3	L	Linden Ln to end	1.4	4
1.1	10.4	Г	Rt 25A (N Hempstead Tpke) at	0.4	4
			T AND	1.1	
0.2	10.6	R	Wheatley Rd AND	0.3	4
0.2	10.8	BL	Brookville Rd at White Church	0.2	4
1.0	11.8	L	Muttontown Rd / Eastwoods Rd	0.3	
2.8	14.6	L	Berry Hill Rd in Syosset	1.0	4
2.3	16.9	BR	Sandy Hill Rd		
1.2	18.1	L	E Main St / Audrey Ave / Shore	0.6	4
			Ave into Oyster Bay	1.4	ļ
0.9	19.0	L	Bayside Ave AND	1.2	ļ
0.2	19.2	R	W Main St AND	0.4	ļ
0.2	19.4	BR		0.6	ļ
			Bayville		
2.2	21.6	R	W Harbor Dr to end	5.3	ļ
0.9	22.5	R	Bayville Ave / Center Island Rd		
			to end		
2.8	25.3	S	stop at end of Center Island Rd		
			then return on Center Island Rd		
<b>Г</b> 4	00 7	0	/ Bayville Ave into Bayville		
5.4	30.7	S	Bayville Rd / Horse Hollow Rd to end		
2.2	32.9	R	Lattingtown Rd into Lattingtown		
1.3	34.2	R	E Beach Dr		
			Continue across parking lot at		
			beach. At west end of lot, cross	1	
			path onto Morgan's Island		
0.6	34.8	S	Eastland Dr	1	1

MILES	TOTAL	TURN	ONTO
0.4	35.2	L	Westland Dr to end
0.6	35.8	R	Southland Dr / Danas Hwy at T
0.6	36.4	R	Dosoris Ln / Dosoris Way into
			Glen Cove
1.8	38.2	BR	Walnut Rd AND
0.1	38.3	L	Edgehill Rd to end
0.1	38.4	R	St Andrews Ln / Highland Rd at T
0.3	38.7	L	Duck Pond Rd to end
2.5	41.2	L	Oyster Bay Rd / Buchram Rd at T
0.9	42.1	R	Bayville Rd in Locust Valley
0.4	42.5	R	Feeks Ln / Cleft Rd
1.3	43.8	L	Horseshoe Rd to end
1.4	45.2	R	Cleft Rd at T
0.4	45.6	L	Frost Mill Rd in Mill Neck
1.1	46.7	BL	Beaver Brook Rd to end
0.3	47.0	R	Oyster Bay Rd at T to end
0.2	47.2	L	Chicken Valley Rd at T
0.3	47.5	L	Planting Fields Rd to end
1.0	48.5	R	Glen Cove Oyster Bay Rd at T to end
0.6	49.1	R	Mill River Rd at T
1.4	50.5	R	Remsens Ln to end
1.2	51.7	R	Ripley Ln at T to end
0.4	52.1	L	Wolver Hollow Rd at T
0.6	52.7	BR	Wheatley Rd / Post Rd at White Church
5.3	58.0	L	into Westbury HS lot

Source: Jim Rand © 2004 Long Island Bicycle Club (www.libike.org). Email corrections to MikeFriedlander1@yahoo.com