



Cuesheet

A-012

Cold Spring Harbor-Bayville (Clare's Heavenly Heartbreak): 39 Miles, Moderate

Goes to Bayville for lunch via Syosset, Cold Spring Harbor (climbing Heartbreak Hill), and Oyster Bay. Returns via Locust Valley and Brookville. Heartbreak Hill is a challenge.

Directions to start: Starts from Westbury High School at the intersection of Post Ave and Jericho Tpke.

MILES	TOTAL	TURN	ONTO	MILES	TOTAL	TURN	ONTO
0.0	0.0	L	Hitchcock Ln via back road out of Westbury HS lot	0.2	28.2	BL	Piping Rock Rd
0.8	0.8	BL	Hitchcock Ln / Powells Rd to end	0.5	28.7	R	Duck Pond Rd
0.2	1.0	R	Post Rd / Wheatley Rd at T	0.5	29.2	L	Viola Dr to end
4.1	5.1	R	Brookville Rd at White Church	1.0	30.2	R	Frost Pond Rd at T AND
1.1	6.2	L	Muttontown Rd / Eastwoods Rd	0.1	30.3	L	Brookville Ln to end
2.8	9.0	BL	Cold Spring Rd in Syosset	1.1	31.4	L	Chicken Valley Rd at T in Brookville
0.4	9.4	BL	Syosset / Cold Spring Harbor Rd	0.4	31.8	R	Hegemans Ln
1.0	10.4	R	Stillwell Ln to end	0.5	32.3	L	Linden Ln
1.6	12.0	L	Rt 108 (Harbor Rd) at T into Cold Spring Harbor	0.5	32.8	R	Chapel Gate
1.2	13.2	BL	Lawrence Hill Rd AND	0.3	33.1	R	Linden Ln to end
0.1	13.3	L	Rt 25A (Fish Hatchery)	0.4	33.5	L	Rt 25A (N Hempstead Tpke) at T
0.3	13.6	R	Bungtown Rd into Cold Spring Harbor Labs	0.2	33.7	R	Wheatley Rd / Post Rd (bear right at White Church)
0.9	14.5	L	DeForest Dr (up Heartbreak Hill)	5.3	39.0	L	into Westbury HS lot
0.6	15.1	R	Ridge Rd - be careful on the downhill curves				
0.7	15.8	BL	Laurel Hollow Rd				
0.8	16.6	R	Moore's Hill Rd				
0.2	16.8	R	Timber Ridge Dr / Cove Edge Rd to end				
0.7	17.5	L	Upland Rd / Sunset Rd at T to end				
0.2	17.7	L	Weld Gilder Rd / Tiffany Rd at T to end				
1.0	18.7	L	Cove Neck Rd at T to end AND				
0.1	18.8	R	Cove Rd / E Main St / Audrey Ave / Shore Ave through Oyster Bay				
1.7	20.5	L	Larrabee Ave				
0.2	20.7	R	W Main St				
0.2	20.9	BR	W Shore Rd / Ludlam Ave to end - going over bridge to Bayville				
2.4	23.3	L	Bayville Ave at T				
			Lunch stop in Bayville				
			Then continue on Bayville Ave				
3.2	26.5	L	Bayville Rd at Arboretum - to end				
0.8	27.3	R	Buchram Rd at T				
0.7	28.0	BL	Town Cocks Ln going under railroad bridge into Locust Valley				