



Cuesheet

C-006

West Rock: 72.5 Miles, Hilly

Starting in Westport, this route heads east through Fairfield, Trumbull and into Shelton. It then crosses the Housatonic River, continuing east through Derby, Ansonia, and Woodbridge. Entering New Haven, it climbs to the top of West Rock (about 650 feet). After a rest stop at the summit, with spectacular views of New Haven and across Long Island Sound, it heads back east through Orange and back across the Housatonic.

Directions to start: Take the Merritt Pkwy to exit 42. Ride starts from the commuter parking lot just north of the parkway.

| MILES | TOTAL | TURN | ONTO | MILES | TOTAL | TURN | ONTO |
|-------|-------|------|---|-------|-------|------|---|
| 0.0 | 0.0 | R | Rt 57 (Weston Rd) out of lot | 0.1 | 36.9 | BL | Rt 243 (Fountain St/Ansonia Rd) into Woodbridge |
| 0.2 | 0.2 | S | Weston Rd - do not bear right onto Rt 57 | 3.6 | 40.5 | L | Rt 114 (Racebrook Rd) into Orange |
| 0.3 | 0.5 | L | Cross Hwy | 1.3 | 41.8 | R | Rt 152 (Orange Center Rd) |
| 3.5 | 4.0 | R | Redding Rd AND | 2.2 | 44.0 | R | Old Grassy Hill Rd |
| 0.0 | 4.0 | L | Cross Hwy | 0.7 | 44.7 | R | Rt 121 (Grassy Hill Rd) AND |
| 0.6 | 4.6 | R | Congress St | 0.3 | 45.0 | R | Turkey Hill Rd to end |
| 2.2 | 6.8 | L | Rt 58 (Black Rock Tpke) AND | 0.6 | 45.6 | R | Derby Milford Rd at T to end |
| 0.1 | 6.9 | R | Congress St | 1.7 | 47.3 | L | Rt 34 (New Haven Ave) |
| 1.6 | 8.5 | R | Rt 59 (Easton Tpke) AND | 1.3 | 48.6 | BL | Rt 34 (Main St) (cross Naugatuck River) |
| 0.1 | 8.6 | L | Jefferson St | 0.5 | 49.1 | L | Bridge St (cross Housatonic River) AND |
| 0.7 | 9.3 | S | Old Town Rd | 0.3 | 49.4 | R | Rt 100 (Howe Ave) AND |
| 2.2 | 11.5 | R | Old Town Rd AND | 0.0 | 49.4 | L | Rt 108 (White St) AND |
| 0.1 | 11.6 | L | Old Town Rd | 0.1 | 49.5 | R | Rt 108 (Perry Ave) AND |
| 0.3 | 11.9 | L | Reservoir Ave to end | 0.2 | 49.7 | L | Rt 108 (Wooster St / Shelton Ave) |
| 1.2 | 13.1 | R | Rt 127 (White Plains Rd) at T | 3.2 | 52.9 | L | Rt 108 (Church St) AND |
| 1.1 | 14.2 | L | Unity Rd to end | 0.1 | 53.0 | R | Rt 108 (Nichols Ave) AND |
| 1.0 | 15.2 | R | Rt 108 (Huntington Tpke) at T AND sharp | 0.2 | 53.2 | BR | Waverly Rd to end |
| 0.0 | 15.2 | L | Rt 714 (Shelton Rd / Bridgeport Ave) into Shelton | 2.1 | 55.3 | L | Booth Hill Rd at T AND |
| 6.2 | 21.4 | S | Rt 714 (Center St) AND | 0.1 | 55.4 | R | Federal Rd / Hurd Rd |
| 0.3 | 21.7 | L | Rt 110 (Howe Ave) AND | 1.0 | 56.4 | BL | McGuire Rd AND |
| 0.1 | 21.8 | R | Bridge St (cross Housatonic River) AND | 0.1 | 56.5 | BL | Daniels Farm Rd AND |
| 0.2 | 22.0 | R | Rt 34 (Main St) (cross Naugatuck River) into Derby AND | 0.2 | 56.7 | R | Whitney Ave to end |
| 0.5 | 22.5 | L | Rt 115 (Derby Ave) | 1.5 | 58.2 | L | Rt 111 (Main St) at T |
| 0.8 | 23.3 | R | Rt 243 (Elm St / Platt St / Prindle Ave / Pulaski Hwy / Ansonia Rd / Fountain St) into Woodbridge and New Haven | 0.9 | 59.1 | R | Lake Ave to end |
| 6.8 | 30.1 | BR | Rt 63 (Whalley Ave) AND | 1.3 | 60.4 | L | Madison Ave at T |
| 0.1 | 30.2 | L | Rt 10 (Fitch St) | 0.9 | 61.3 | R | Buck Hill Rd |
| 0.7 | 30.9 | L | Wintergreen Ave | 0.9 | 62.2 | R | S Park Ave / Old Oak Rd to end |
| 1.3 | 32.2 | L | Baldwin Dr climb to the summit of West Rock and enjoy the view | 1.6 | 63.8 | R | Rt 59 (Sport Hill Rd) at T AND |
| 1.3 | 33.5 | S | Top of West Rock - turn around | 0.1 | 63.9 | L | Center Rd |
| 1.3 | 34.8 | R | Wintergreen Ave | 1.5 | 65.4 | BL | Rt 136 (Westport Rd) |
| 1.3 | 36.1 | R | Rt 10 (Fitch St) | 6.8 | 72.2 | R | Rt 57 (Main St) |
| 0.7 | 36.8 | R | Rt 63 (Whalley Ave) AND | 0.3 | 72.5 | L | Into lot |