

Sharon - Cornwall: 33.3 Miles, Hilly

Directions to start: Starts from the Interlaken Inn on Rt 112 in Lakeville, CT.

	TOTAL	THON		MUES	TOTAL	TUDN	ONTO
				WILES	TOTAL		
0.0	0.0	R	Rt 112 - leaving Interlaken Inn				21.4 - R - River Rd at Cong
0.6	0.6	R	Rt 41 south				Chapel sign. Don't go over the
4.6	5.2	S	Rt 41 - Sharon				bridge. Turn right on River Rd at Cong Chapel sign. Road
0.8	6.0	L	Rt 4 east				remains paved for .1 mi.
2.3	8.3	S	Rt 4 east - Pass Audoban Center				26.3 - S - River Rd - north
5.4	13.7	R	Rt 7 south (cross Rt 7)				(unpaved) - Cross Rt 7
0.4	14.1	S	Rt 7 Lunch at Deli & shopping				27.8 - S - Becomes Warren
			center?				Tpke (not a real tpke, but it's
0.0	14.1	L	Rt 4 east - Picnic tables on right				paved). Continue north on
			1 mile later				Warren Tpke.
3.6	17.7	L	Rt 125 north				29.2 - L - Water St & cross the
2.3	20.0	S	Rt 128 - Rt 125 becomes Rt 128				bridge.
2.3	22.3	S	Pass Freshfield's Restaurant in				30.6 - L - Dugway Rd
			West Cornwall. Look for deli in				32.0 - R - Rt 112 west (Lime
			town.				Rock Rd)
0.1	22.4	R	Rt 7 north - after going over				36.4 - L - Into Interlaken Inn
			covered bridge (1 lane only). Go				
			100 feet, & turn left into				
			WestCornwall Rd. HILLY ! It later becomes Calkinstown Rd.				
6.0	29.2	Р					
6.8		R	Rt 41 north				
3.5	32.7	L	Rt 112 west				
0.6	33.3	L	Into Interlaken Inn				
			CAUTION: The West				
			Cornwall/Calkinstown Rd part of				
			this ride is pretty, but leads you				
			through narrow, winding roads				
			with no shoulders, one lane in	1			
			each direction, and woods on				
			either side that grow right to the				
			edge of the road. There's very	1			
			little traffic on this road.				
			However cars rounding a turn				
			would not see bikers till the last	1			
			minute. Wear bright clothing;				
			ride in groups and take the	1			
			alternate route below, if you	1			
			don't wish to cope with this				
			problem.				
			** ALTERNATE ROUTE **				

Email Us7 Long Island Bicycle Club (www.libike.org). Email corrections to Glenn Abelson - glenna@abelson.com